

# Clinical Competency

## Support of Breastfeeding Families

Adapted from AWHONN Competency Validation for Perinatal Care Providers and  
ILCA Evidence Based Guidelines for Breastfeeding Management during the First 14 Days

Date \_\_\_\_\_

Name: \_\_\_\_\_

	Has completed the CBT test for the “Blueprint for Action”	
	Has completed the Breastfeeding Core Course and passed post-test	
	Has read the NNMC/MICC Breastfeeding Policy	
	Announces entry, introduces self, obtains verbal consent to assist/observe/touch	
	Provides privacy in comfortable setting	
	Washes hands and encourages proper hygiene during pumping or nursing	
	Instructs and assists mother with correct latch-on and verbalizes rationale	
	Instructs mother regarding recognition of infant feeding cues	
	Instructs and assists with different feeding positions and verbalizes rationale	
	Provides anticipatory guidance for milk volume changes over the first weeks	
	Verbalizes and documents elements of effective milk transfer to infant	
	Provides anticipatory guidance for prevention of complications	
	sore nipples	engorgement
	nipple damage	sleepy or fussy baby
	latching difficulties	medically appropriate supplementation
	Verbalizes interventions for the following:	
	sore nipples	engorgement
	nipple damage	sleepy or fussy baby
	latching difficulties	medically appropriate supplementation
	Lists examples of mothers with special circumstances which require referral to the Lactation Consultant	
	Demonstrates assembly/use of electric breastpump	
	Instructs mother in breastmilk storage	
	Verbalizes breastmilk storage guidelines citing:	
	La Leche League guidelines for healthy infants	HMBANA guidelines for NICU infants
	Instructs mother in signs for concern after discharge:	
	Infant- voids and stools	Mother – nipple damage
	feedings per day	breast pain
	jaundice/fever	fever or flu-like symptoms
	Lists resources for follow-up care	